# PARISH MAGAZINE OF ST. GEORGE, KENDAL ST JOHN THE EVANGELIST, GRAYRIGG www.beaconteam.org.uk AND

# SANDYLANDS CORNERSTONE CHURCH www.sandylandschurch.com



# Now these three continue . . .



Of these, the greatest is . . . 1 Cor 13:13

February 2025

Free - donations welcome

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**Baptism Secretary:** Mrs Judith Cropper 07909766861

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# **Letter from Rev Michelle Woodcock**

# **Priest-in-Charge of the Beacon Team Churches**

I wonder how January was for you? Weather wise, it started with a bang with all the snow and ice followed by some pretty grim mornings worthy of a scene in 'Wuthering Heights'. In other ways I found I had a very positive start to the new year and am excited for the promise and hope that 2025 holds.

February can be a dark and miserable month as we reach the end of our patience with Winter and long for the promise of Spring. Apparently, historical names for February include the Old English terms 'Solomanath' (mud month) and 'Kale-monath' (named for cabbage) which certainly sound very British! February does contain Valentine's Day which gives us the opportunity to celebrate something that brings joy and hope into our lives...love.

God created human beings to be sociable creatures with the need to know God and to share our lives with God and with each other, to love and be loved.

Jesus summed up the whole Bible in the two great commandments to love God and love our neighbour. Love comes in many forms: the romantic kind we celebrate on Valentine's Day, love between parent and child, love within families and between friends, and the "Good Samaritan" love which strangers show to one another in need. All of it is a reflection of God's love, built in to our nature as beings in God's image.

St. Paul wrote to the Christians in Corinth that "Love is patient and kind. Love is not jealous or boastful or proud or rude. It does not demand its own way. It is not irritable, and it keeps no record of wrongs. It does not rejoice about injustice but rejoices whenever the truth wins out. Love never gives up, never loses faith, is always hopeful, and endures through every circumstance." That bible passage describes the perfect love that God has for us, and it's never easy to achieve, but it does show us what to aim for.

So this February, I hope you can find yourself not bogged down in the winter mud or cabbage (!), but are able instead to find God's love in your family, local community and all of your relationships.

Blessings

Michelle

# Beacon Team Lent Course Journeying with Jesus through Lent

You are invited to join us as we 'Journey with Jesus through Lent' on a course exploring what it means to be a disciple in the world today. The course has Lenten themes combined with some key issues such as poverty, racism and the environment.

We will meet at Skelsmergh Vicarage from 7-8.30pm on Wednesdays: 12th March, 19th March, 26th March, 2nd April, 9th April and the course will end with a shared meal on 16th April (Ash Wednesday).

# Candlemas Sunday 2nd February 4pm You are invited to come and remember your baptism with us.

We are coming up to a special time in the church year known as *Candlemas* which is celebrated on 2<sup>nd</sup> February. Candlemas, (or the Presentation of Christ in the Temple) is celebrated forty days after Jesus was born. The word "*Candlemas*" comes from the practice of the priest blessing candles on this day for use throughout the year. It's also traditionally a good time to remember your baptism.

So, we are going to have a special, family friendly service at

St. George's Church, Kendal on Sunday 2<sup>nd</sup> February at 4pm

We would love it if you would be able to join us. You could bring your baptism candle with you if you still have it and we will light it again as part of the service. There's no limit, so even if you were baptised 90 years ago or 9 days ago then you will be most welcome. There will be some tasty refreshments to share at the end.





# St John the Baptist, Skelsmergh:.

Sunday 2nd February - Morning Worship 11.00am

Sunday 9th February - joint service at Selside

Sunday 16th February - Holy Communion 11.00am

Sunday 23rd February - joint service at Burneside

# St John the Evangelist, Grayrigg

Sunday 2nd February - Holy Communion 9.30am

Sunday 9th February - Morning Worship 9.30am

Sunday 16th February - Holy Communion 9.30am

Sunday 23rd February - Evening Worship 4.00pm

# St George, Kendal

Sunday 2nd February - Candlemas Service 4.00pm

Sunday 9th February - Holy Communion 11.00am

Sunday 16th February - Morning Worship 9.30am

Sunday 23rd February - Holy Communion 11.00am

# St Oswald, Burneside

Sunday 2nd February - Evening Worship 4.00pm

Sunday 9th February - Holy Communion 11.00am

Sunday 16th February - Holy Communion 11.00am

Sunday 23rd February - Baptism Service 11.00am

# St Mary's Longsleddale

Sunday 2nd February Abbey Service 10.30am



### St Thomas, Selside

Sunday 2nd February - Morning Worship 9.30am Sunday 9th February - Holy Communion 9.30am Sunday 16th February - Evening Worship 4.00pm Sunday 23rd February - Morning Worship 11am

# Sandylands Cornerstone Methodist Church

Sunday 2nd February: Morning Worship 10.30am Causeway 3pm

Sunday 9th February: Holy Communion 10.30am Sunday 16th February: All Age Worship 10.30am

Sunday 23rd February: joint service at Stricklandgate 10.30am

\*

**Every Tuesday** 6.00pm Short Evening Prayer at St. Oswald's Church, Burneside

**Every Wednesday** 9.30am: BCP Holy Communion at St. Oswald's Church, Burneside

# Online Worship is available throughout the week via Zoom

Access: : https://us02web.zoom.us/j/86745535327

+ 44 203 481 5237 or +44 203 481 5240 or +44 203 901 7895

**Meeting ID: 86745535327** Or join by phone on any of the numbers:

Regular weekday Zoom services include :

\* Mondays 8.30pm : Compline

\* Fridays 8.30pm : Celtic Evening Prayer



What a 4 months we have had, we have had an extremely busy end to 2024!

Moving on from torchlight we started our preparations for the Festive period!

With a busy November, we performed with a small but perfect team at the Kendal Christmas Lights switch on event! It was extremely cold but we had a fantastic time entertaining the crowds, we all enjoyed a Hot Chocolate too.

We quickly moved on to spreading some Christmas Joy on our Annual Care Home Tour, we visited and performed at 7 different care homes in Kendal and Grange.

We thoroughly enjoy the Care home tour and are always well received and in some cases "starting their Christmas Calendar of events"

December was equally as busy for us!

And took a team of our Competition Dancers to perform at Blackpool Winter Gardens for the Showcase "Blackpool Christmas Hits" where we performed our Cabaret piece London Girls, and adapted piece we first took to London's Her Majesty's Theatre back in 2018.

We finished term with not one but 2 Christmas Fun Evenings, crafting, dancing and playing games.



Dance Atikk is one of the organisations that meets regularly in the Upper Hall at St George's Church

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27			28		29			30			
31						32					
33			34								

Did you manage the Christmas puzzle?

Thanks again to Andrew Stewart for compiling this church inspired cryptic crossword.

Have a go before checking out the answers on the last page.

#### Clues

(Setter's suggestion: 1 across is the hardest clue - don't give up, try 2-6 down first!)

#### Across

- Heartless hag Rose makes little kittens turn into rural parish (10)
- 7. Pig with no tail, therefore (2)
- 8. Old folk in south-east where cornerstones are (6)
- 9. Understand what God is (6)
- 10. Did Noah keep his records (not his bees) here? (7)
- 13. Nearest one to 2 is a scout (4)
- 16. Drink in mid-Wales (3)
- 17. Top score for moon goddess (2)
- 19. Town crop (3)
- 20. Vessel occupies adjacent village (9)
- 22. Beginners in art class enjoy one (3)
- 24. Something Kipling wrote in mid-life (2)
- 25. Rusty end for pen (3)
- 27. Maiden a lieutenant wanted for some drinks (4)
- 29. Under a scribe, neat handwriting is core (7)
- 31. Mixed diet or what the magazine needs! (6)
- 32. How many babes come for christening? (2,4)
- 33. The old you (2)
- 34. Alien swallows Greek composer for St John (10)

#### Down

- 2. Our town surrounded by broken daleks (6)
- 3. Flower girl receives account (5)
- 4. Omit one working task (7)
- 5. Raised line for travel round Germany's capital (§
- 6. He's got four homes for bees (5)
- 7. First of week, or last of weekend (6)
- 11. One who fights back in the fire below (5)
- 12. Sounds like upper payment for use (4)
- 14. 100 pause for 5 on top (5)
- 15. Depend on penniless answer (4)
- 16. An obstacle first in Eden (4)
- 18. We wouldn't be here without it! (4)
- 21. Music produced by using ingenuity (7)
- 23. Mostly cleaned round altar light (6)
- 26. Apostle has MOT mix-up (6)
- 28. Church due for first thanks in the harvest events (5)
- 29. Dancing rumba previously in south-east Asia (5)
- 30. Authorised Version to suffer in use (5)

#### Bonus question:

Which one of the six Beacon Team communities is <u>not</u> represented by an answer in this crossword?

# Kendal with Grayrigg Mothers' Union



At the November meeting we welcomed Claire, the Community Space Manager for Springfield Women's and Men's Refuges and the Stricklandgate Community Hub.

We learned that 1 in 3 women and 1 in 5 men are victims of abuse, as well as children (which has a life-long effect). Abuse can happen to anyone, from all walks of life; pregnancy can be a dangerous time because control has been taken away. In same sex relationships abuse is higher in males. Abuse is not always physical – mental control and coercive behaviour, financial abuse, sexual (both men and women) - this all has an impact on mental health and diminishes self-ability. Last year 9873 cases were known to the police, but 85% do not go to the police. 11 women and 3 men were killed in the last year. Suicide in men aged 25-55 is very high.

Refuges:- there is a national network, so if there is no bed available locally, a search will be done, usually taking a few days, and the person will be accommodated in a B&B to keep them safe. In the local women's refuge there are 7 women, some with young children. Staff try to make the home a happy place. A men's safe house accommodating 3 men was recently opened. People often arrive with only the clothes they are wearing, no documentation, no bank account etc. A team comes together from many services to help the person (between 3 to 9 months) supporting them to be safe and to become independent.

The Community Hub supports clients living in the community, still living at home. These clients do not find it easy to leave; their abuser gives no impression to others of problems. 100 people receive 1-1 sessions, tailored to meet their needs

Through local schools and colleges Springfields also educates young people about healthy relationships.

Everyone should feel safe in their own home. This was a very moving talk.

You may have seen the Teddy Bears in our churches and information. These are part of the MU project Rise Up against Domestic Abuse. Please pray for all involved, those receiving and those giving support.

### **Upcoming Meetings:**

Sat. 1st Feb – 11am - MU Triennium Service at Kendal Parish Church

Wed. 26th Feb - A talk by Tracy from Age UK

Wed. 26th Mar - A talk by Helen about 'Open the Book'

Please come and join us, all are welcome.

Mary Atkinson (Branch Leader)

# Readings for February 2024



#### **Candlemas**

1st Reading Malachi 3:1-5
2nd Reading Hebrews 2:14-end

# The Fourth Sunday before Lent

1st Reading Isaiah 6:1-8 (9-end) 2nd Reading 1 Corinthians 15:1-11

# The Third Sunday before Lent

1st Reading Jeremiah 17:5-10 2nd Reading 1 Corinthians 15:12-20

### The Second Sunday before Lent

1st Reading Genesis 2:4b-9,15-end 2nd Reading Revelation 4

### February 2nd

Psalm 24 Gospel Luke 2:22-40

### February 9th

Psalm 138 Gospel Luke 5:1-11

# **February 16th**

Psalm 1 Gospel Luke 6:17-26

# February 23rd

Psalm 65 Gospel Luke 8:22-25

Thy word is a lamp unto my feet, and a light unto my path.

Psalm 119 v.105

# Sandylands Cornerstone Church and Community News

# **Totters and Bumps and Babies**

#### **Totters**

A very lively popular and friendly group which attracts between 40-50 toddlers plus adults every **Monday 9 - 11am**. It runs in *term time* only. The group is run primarily by a team of 5 volunteers. We provide support for the adults as well as activities for the children. Drinks for adults included in the fee. There are plenty of toys (large

and small), sit and ride toys, art and crafts, tuff tray messy activities, play dough, sand and sometimes a bouncy castle etc. We also have a quieter room for adults and children who find the other rooms too noisy and busy. The session ends with a healthy snack and a singing time.



# **Cornerstone Bumps and Babies (CBBs)**

This small and friendly group runs in *term time only* on a Monday afternoon from 1.30 - 3pm. It is run by 2 volunteers. We have between 6 - 14 babies from birth to 1 year old plus adults attend on a regular basis. We offer friendship, advice and support to the adults. This is a safe place to come and experience the highs and lows of being a new parent. We attract mums, couples, dads and grandparents (particularly when mum returns to work). We have play mats, rugs etc for the tiny babies and good quality, safe and stimulating toys and a ball pool for the babies to play with as they begin to sit up, move and eventually walk. There is opportunity to weigh the babies as well. Included in the low price is a choice of hot and cold drinks and a selection of lovely homemade cakes or biscuits.

# Some of our Groups

# **Causeway** First Sunday of Every Month

3.15pm for Chat and Coffee, Service begins at 4pm

Friendship and praise with our friends in the community with supporting needs, to come together for chat and worship.

# Sandylands Friendship Group

This meets at **2pm** on alternate **Thursdays**, often with a speaker, followed by refreshments. £2 per meeting for all attendees.

February 13th Sue (1 crafty lady)

February 27th seated exercises with Helen

# **Sandylands Seniors**

We meet twice a month from 10-12 on a Thursday morning to play board games such as scrabble, dominoes and uno. One Thursday it with hot drinks and home made cakes the other is followed at noon by a cooked lunch. This must be pre booked. Donations towards cost accepted

Thursday 6th February 10am followed by lunch (please email mellor.family@tiscali.co.uk to book).

Thursday 20th February 10am with homemade cake

# Sandylands Drop In

Every Wednesday from **10am** till noon. Why not join us for coffee cake and chat? Everybody is made welcome.



# 1st Kendal Girls Brigade

Sandylands Methodist Church

Mondays from 6pm to 7.30pm (term time only).



We welcome all girls and young women, from age 4+ years (girls must be at school). We play games, listen to stories, get creative, and discuss life issues, all with a Christian ethos underpinning it. Our motto is "Seek, Serve, and Follow Christ" but fun and friendship is important.

There are 4 age groups:

n'vestigate for 4-7's n'gauge for 8-10's,

n'counta for 11-13yrs old n'spire organised by the 14+ themselves

For more information contact Karen at 1stkendalgb@gmail.com or just pop down on a Monday night.

### Save The Date 1st March

Sandylands 4Cs coffee morning 10am-12 noon In aid of Parkinson's.

Come and enjoy tea and coffee with Sylvia's wonderful cakes. There will be a cake stall and also preserves for you to buy to take home; two craft stalls and a table from South Lakes Christian Resources with books, Bibles and Easter cards.

There is also a craft table and play area for the children





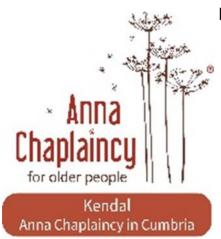
# Volunteers Needed!

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Everyone is welcome to the

**KENDALTEA SERVICE** 

BRINGING PEOPLE
TOGETHER

A short service with a Bible reading, 3 **traditional** hymns and prayers Followed by Tea and Cake

Thursday 20th February 2.30 pm at Kendal Parish Church For more information about the Tea Service or Anna Chaplaincy in Kendal please contact Beverley Moore 07507 749238 or bevmoore.annachaplaincy@gmail.com

# From The Registers

### **Funerals:**

19th Dec – St John's, Skelsmergh – Tracey Park

27th Dec - Beetham Crematorium - Pauline Dragonetti

4th Jan - St Thomas, Selside - Helen Simpson

23rd Jan – St John the Baptist, Skelsmergh – Frank Holme

# **Baptisms:**

12th Jan - St John, Grayrigg - Grace Emma McClelland

19th Jan – St George's Kendal – Reuben Andrew Richardson

# **Grayrigg Church and Community News**

# Dates for your diary

**Friday February 14th** There will be a coffee morning in the Coronation Hall at **9.00 am on** to raise funds for the church. Please come along and chat with your neighbours over a cup of coffee or tea.

Saturday April 26th - Soupa Saturday in the Coronation Hall Saturday May 3rd - Sedbergh Town Band in church

Many thanks to everyone who came to support our annual Christmas Fayre at Grayrigg and also to all the helpers. It felt so strange doing it without Ann, but I really hope we did her proud. We raised £1216 for Grayrigg Church funds so thanks again everyone.

Best wishes for the New Year to you all.

**Kath** (Kathleen Dickinson)

# 

7.30 pm. on **Thursday 6th February** at Howgill Village Hall.

\* The talk is 'The Growing Well Charity' with Sinead McCann and the \* competition is 'What, in a couple of lines, does being outdoors \* mean to you'.

\*

# The Grayrigg Good Neighbours

Join us every second Tuesday in the Coronation Hall for a get together and talks or craft activities. All welcome.

Feb.11th "Scams - Trust no one" with Adrian Taylor
March 11th "In Search of Lord Buddha" photos & talk with David Last

There will be 9 monthly meetings: Annual Membership £12 for 9 months. £3 per visit for non-members.



# **Grayrigg Church Cleaning Rota**

February 16th Sally and Wendy

# **Grayrigg Rainfall**



The rainfall for December 2024 was 186.5mm or 7.27 inches

The rainfall for December 2023 was 173.2mm or 6.82 inches

The average December rainfall over the last 32 years is 190.4 mm or 7.50 inches

# **South Lakes Christian Resources**

There will be a small selection of Bibles, Christian books, greeting cards on sale at St George's Church on Mondays (9am-3pm) and at Holy Trinity Church on alternate Saturdays (10am-2pm). For more information visit the South Lakes Christian Resources Facebook Page or email slchristian resources@outlook.com.

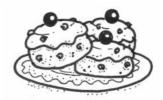
Books can also be ordered through Lynne Magee in the Beacon Team office: 01539 720018 admin@beaconteam.org.uk

# St George's Church Chatter and Natter

Come and join us on the last Friday of every month in the Radley Room for Tea/coffee, cake and meet -up with friends.

**February 28th** 2024 from 10am to 11.30am

All are welcome For further information ring Sue Whittaker 07866341554 Looking forward to seeing you all!





# St George's Community Hub

Soup, sandwiches, cake and fruit, tea, coffee and squash are available between 11.45am and 1pm on Thursdays.

There is a listening ear available for anyone who would find that helpful.

# DO COME AND JOIN US -ALL ARE WELCOME

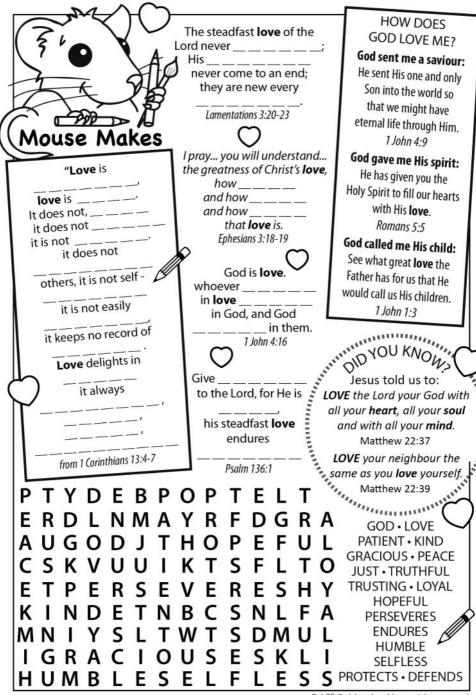
# What is a Hassock? Could you rehome one?

From the Old English hassuc "clump of grass, coarse grass," the sense of "thick cushion" is first recorded 1510's, with the likely connection being the perceived similarity of a kneeling cushion and a tuft of grass.

St George's Church has more kneelers or hassocks than it needs and is offering some of them in exchange for a small donation.

Please contact a churchwarden or the Team office to choose your design





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"That's two t's in Matthew", said Osric

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#### Answers

#### Across

1. Skelsmergh; 7. So; 8. Angles; 9. Divine; 10. Archive; 13. Scar; 16. Ale; 17. Io; 19. Rye; 20. Burneside; 22. Ace; 24. If; 25. Sty; 27. Malt; 29. Beneath; 31. Editor; 32. In arms; 33. Ye; 34. Evangelist.

### | Down

2. Kendal; 3. Lilac; 4. Mission; 5. Ridge; 6. Hives; 7. Sunday; 11. Rebel; 12. Hire; 14. Crest; 15. Rely; 16. Adam; 18. Life; 21. Singing; 23. Candle; 26. Thomas; 28. Tithe; 29. Burma; 30. Avail

28. Tithe; 29. Burma; 30. Avail.

Bonus question
St Mary's, Longsleddale.

(For the other five, see:
1 ac – St John the Baptist, Skelsmergh
20ac – St Oswald, Burneside
34ac – St John the Evangelist, Grayrigg
2dn – St George, Kendal
26dn – St Thomas, Selside.
Sandylands Cornerstone Methodist church, though not technically part of the Beacon Team, also appears – in the clue
for 8ac.

# John 17 Prayer

This is a monthly all-church prayer gathering. specifically to pray that people in Kendal come to know Jesus.

Next Meeting: Monday **February 25th** 7pm

If you have any questions, please contact Adam: john17kendal@gmail.com



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**Prepayment Funeral Plans Arranged** 

