

**PARISH MAGAZINE OF ST. GEORGE, KENDAL
ST JOHN THE EVANGELIST, GRAYRIGG
www.beaconteam.org.uk
AND
SANDYLANDS CORNERSTONE CHURCH
www.sandylandschurch.com**



August 2024

Free - donations welcome

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Letter from Rev Michelle Woodcock,
Priest-in-Charge of the Beacon Team Churches

Dear Friends,

July can be a hectic time, especially for those with school aged children or those working in schools. Sports days, schools plays, trips, leavers assemblies...and so it goes on!

August can be a quieter time (unless of course you are the parent of one of those school aged children!) and brings with it the promise of rest and perhaps some extra time to spend with friends and family. I'm certainly looking forward to some rest and time to slow down a little after the busyness of the last few months in starting a new job and moving house!

Jesus famously said *"Come to me all you who are weary and burdened, and I will give you rest."* (Matthew 11:28) The rest that Jesus offers is that deep sense of peace for our souls, a freedom from the things that hold us back and weigh us down. Jesus offers himself as the universal solution to all that burdens us. He wants to assure us that he will keep his promise to us in the best way at the best time. *"Trust in me with all your heart and do not lean on your own understanding"*, God says *"and you will find rest for your souls"*. (Proverbs 3:5) Our souls only find rest in hope. Jesus is our fortress, our mighty rock, our refuge. He is the one answer to every question, concern, fear and need we will ever have. He offers himself to us. Our hope is from him. Only in him will we find rest for our souls.

Whatever August brings for you, I hope that you can find some rest, peace and quietness in what can be an increasingly loud, busy and demanding world. *Best wishes ,*

Michelle

God, the one and only—

I'll wait as long as he says.

Everything I hope for comes from him,
so why not?

He's solid rock under my feet,
breathing room for my soul,

An impregnable castle:

I'm set for life.

My help and glory are in God
—granite-strength and safe-harbour-God—

So trust him absolutely, people;
lay your lives on the line for him.

God is a safe place to be.

The Message Bible - Psalm 62 verses 5-8

Readings for August 2024



The Tenth Sunday after Trinity

1st Reading Exodus 16:2-4,9-15
2nd Reading Ephesians 4:1-16

August 4th, 2024

Psalm 78:23-29
Gospel John 6:24-35

The Eleventh Sunday after Trinity

1st Reading 1 Kings 19:4-8
2nd Reading Ephesians 4:25 -5:2

August 11th, 2024

Psalm 34:1-8
Gospel John 6:41-51

The Twelfth Sunday after Trinity

1st Reading Proverbs 9:1-6
2nd Reading Ephesians 5:15-20

August 18th, 2024

Psalm 34:9-14
Gospel John 6:51-58

The Thirteenth Sunday after Trinity

1st Reading Joshua 24:1-2a,14-18
2nd Reading Ephesians 6:10-20

August 25th, 2024

Psalm 34:15-end
Gospel John 6:56-69

Worship With Us

St John the Baptist, Skelsmergh:.

Sunday 4th August - Morning Worship 11.00am
Sunday 11th August - Holy Communion 9.30am
Sunday 18th August - Holy Communion 11.00am
Sunday 25th August - *joint service at Burneside*

St John the Evangelist, Grayrigg

Sunday 4th August - Morning Worship 9.30am with Baptism
Sunday 11th August - Holy Communion 9.30am
Sunday 18th August - Holy Communion 9.30am
Sunday 25th August - Evening Worship 6.30pm

St George, Kendal

Sunday 4th August - Holy Communion 11.00am
Sunday 11th August - Morning Worship 11.00am
Sunday 18th August - Holy Communion 9.30am
Sunday 25th August - Morning Worship 11.00am

St Oswald, Burneside

Sunday 4th August - Evening Worship 6.00pm
Sunday 11th August - Morning Worship 11.00am with Baptism
Sunday 18th August - Holy Communion 11.00am
Sunday 25th August - Holy Communion 11.00am

St Thomas, Selside

Sunday 4th August - Morning Worship 9.30am
Sunday 11th August - *joint service at Skelsmergh* 9.30am



Sunday 18th August - Evening Worship 6.00pm

Sunday 25th August - Morning Worship 11am

St Mary's Longsleddale

Sunday 4th August Abbey Service 10.30am

Sandylands Cornerstone Methodist Church

Sunday 4th August: Morning Worship 10.30am Causeway 3pm

Sunday 11th August: Holy Communion 10.30am

Sunday 18th August: Morning Worship 10.30am

Sunday 25th August: Morning Worship 10.30am

Every Tuesday 6.00pm Short Evening Prayer
at St. Oswald's Church, Burneside

Every Wednesday 9.30am: BCP Holy Communion
at St. Oswald's Church, Burneside

Online Worship is available throughout the week via Zoom

Access: : <https://us02web.zoom.us/j/86745535327>

+ 44 203 481 5237 or +44 203 481 5240 or +44 203 901 7895

Meeting ID: 86745535327 Or join by phone on any of the numbers:

Regular weekday Zoom services include :

* **Mondays** 8.30pm : Compline

* **Fridays** 8.30pm : Celtic Evening Prayer

#ChurchDoorChallenge

Summer in Britain – a chance to bask in the glorious sunshine, while carefully avoiding the daily downpours.

As well as hoping to see some sunshine this July and August, the Church of England online media is wanting to see and share wonderful photos of church doors from across the country.

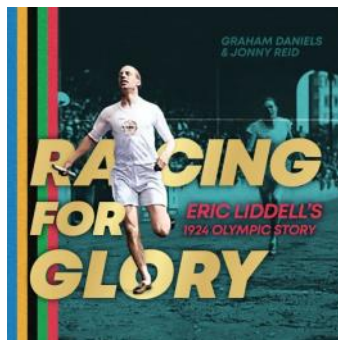
The Church of England has over 16,000 church buildings in England, each with a unique community offering, surrounding, and story.

The Beacon Team has taken up the challenge and is sharing photos of doors from each of our churches; do check them out at <https://www.facebook.com/Thebeaconteam/>

BOOK REVIEW

Racing for Glory – Eric Liddell's 1924 Olympic story

**By Graham Daniels and Jonny Reid,
10Publishing, £3.99**



One hundred years ago this summer, all eyes were on Paris for the 1924 Olympic

Games. Among the world's finest athletes stood sprinter, Eric Liddell of Great Britain. But holding true to his convictions, he chose not to enter his best race – the 100 metres – and instead changed the 400 metres discipline forever.

This brief biography explores Liddell's extraordinary life and how his faith in Jesus motivated everything he did..

*Books can be ordered through Lynne Magee 01539 720018
admin@beaconteam.org.uk*

On Monday 24th June, members travelled by coach to our Liverpool link branch, St Luke's Church, Orrell (near Wigan). We were warmly welcomed by Jane (the Branch Leader) and their members, which included her mother and her daughter – three generations of MU members, amazing!

We had time before the service to look at lovely flower arrangements and a display about 'RISE UP Against Domestic Abuse' -a national MU campaign; it was most moving. The service, led by Rev Catherine Cosslett, was on the theme of celebration. We then enjoyed afternoon tea, with lively chatter and fellowship, and cards were presented to those who had celebrated a special birthday.

This was our first venture to another branch for quite a while, but I hope that it was enjoyed by all. After thanking the Orrell branch for a lovely day, we set off home. Our excellent driver, John, took us on a scenic detour due to problems on the M6 – we arrived back in Kendal a little later than planned but it was far better than moving slowly on the motorway.

We have information about 'RISE UP' on our MU notice board; in due course there will be more posters. And an idea taken from Orrell, will be to have a Teddy Bear (with the message "If you are ever feeling lonely or low, feel free to give me a hug"), in each church.

We have delivered toiletry bags to several places to help people whose life has suddenly changed. If you are aware of an organisation who would benefit from such bags, please let me know so that I can contact them. The Staveley Mothers' Union social in July was attended by four of our members who enjoyed the cream tea and meeting with friends.

Fri. 9th August - 2pm Mary Sumner Day service at St Thomas' Milnthorpe.
Wed. 25th Sept – Our meetings resume at St George's Church with a talk by Jonathan Bielby, entitled "Things to Come".

Everyone is welcome to join us

I hope that you are having a lovely summer despite the rain,

Mary Atkinson (Branch Leader)

Sandylands Cornerstone Church and Community News

Totters and Bumps and Babies

Totters

A very lively popular and friendly group which attracts between 40-50 toddlers plus adults every Monday 9 - 11am. It runs in *term time* only. The group is run primarily by a team of 5 volunteers. We provide support for the adults as well as activities for the children. Drinks for adults included in the fee. There are plenty of toys (large and small), sit and ride toys, art and crafts, tuff tray messy activities, play dough, sand and sometimes a bouncy castle etc. We also have a quieter room for adults and children who find the other rooms too noisy and busy. The session ends with a healthy snack and a singing time.

No meeting until September



Cornerstone Bumps and Babies (CBBs)

This small and friendly group runs in *term time only* on a Monday afternoon from 1.30 - 3pm. It is run by 2 volunteers. We have between 6 - 14 babies from birth to 1 year old plus adults attend on a regular basis. We offer friendship, advice and support to the adults. This is a safe place to come and experience the highs and lows of being a new parent. We attract mums, couples, dads and grandparents (particularly when mum returns to work). We have play mats, rugs etc for the tiny babies and good quality, safe and stimulating toys and a ball pool for the babies to play with as they begin to sit up, move and eventually walk. There is opportunity to weigh the babies as well. Included in the low price is a choice of hot and cold drinks and a selection of lovely homemade cakes or biscuits.

No Meeting until September

Some of our Groups

Causeway First Sunday of Every Month

3.15pm for Chat and Coffee, Service begins at 4pm

Friendship and praise with our friends in the community with supporting needs, to come together for chat and worship.

Sandylands Friendship Group

This meets at 2pm on alternate Thursdays (except main holiday periods). There are speakers on a wide variety of subjects, followed by refreshments. £2 per meeting for all attendees.

The group will resume after the summer.

Sandylands Seniors

We meet twice a month from 10am – noon on a Thursday morning in the church hall. We have a coffee morning with drinks and cake games such as Scrabble, Dominoes, Uno etc are available, or just come and chat. Every other meeting is followed at noon with a cooked lunch.

The group will resume meeting together in September.

Sandylands Drop In

Every Wednesday from 10.00 till noon. (except during August). Everyone is welcome.
Why not join us for coffee cake and chat?



1st Kendal Girls Brigade

GB is suitable for all girls & young women from 4+ . For more information contact Karen at 1stkendalgb@gmail.com. Groups start again on Monday evenings in September.



Messy[®] CHURCH

Saturday 10th August

3.30-5.30pm

Sandylands Methodist Church

Food

Celebration

**Fun
activities**

For more details contact :-

cornerstonemessychurch@outlook.com

Free!



**No need
to book**

**Messy Church is part of the Bible Reading Fellowship (BRF),
a Registered Charity. brf.org.uk**



Kendal
Anna Chaplaincy in Cumbria

Everyone is welcome to the
KENDAL TEA SERVICE
BRINGING PEOPLE
TOGETHER

A short service with a Bible reading,
3 **traditional** hymns and prayers
Followed by Tea and Cake

Thursday 15th August 2.30 pm at Kendal Parish Church
For more information about the Tea Service or Anna Chaplaincy
in Kendal please contact Beverley Moore 07507 749238 or
bevmoore.annachaplaincy@gmail.com

From The Registers

Baptisms:

14th July – St George's Kendal

– Arron John Alan Dixon, Blake Richard James Dixon, and Caine Alex Elliot Dixon.

21st July – St John the Baptist Skelsmergh – Isaac Ivar Lonslow

28th July – St George's Kendal – Tommy-Tiago Walling

Weddings:

27th July - St John Grayrigg – Jack Albert Dixon & Kelly-Jay Hodgson



Grayrigg Church and Community News

BRAIN TUMOUR RESEARCH GAZEBO AT SELSIDE & GREYRIGG SHOW

Thursday 22nd August 2024

My name is Shane Williamson. I am 9 years old and I am going to walk, on Monday 26th August, from A6 Shap Road to A685 Tebay road down the Borrowdale valley to raise money for Brain Tumour Research because my mum's aunt sadly passed away recently due to having a brain tumour.

Please help support me in my walk by sponsoring me on my mum's Janet's GoFundMe page *In Memory of Ann Kendal*

[https://www.gofundme.com/f/in-memory-of-ann-kendal?](https://www.gofundme.com/f/in-memory-of-ann-kendal?qid=65b50b9a1ec8807456b35a37c5493b52)

[qid=65b50b9a1ec8807456b35a37c5493b52](https://www.gofundme.com/f/in-memory-of-ann-kendal?qid=65b50b9a1ec8807456b35a37c5493b52)

or see me on show day.

My name is Ruby Williamson. I am 9 years old. I am going to make a cake to be raffled on Show Day to raise money for Brain Tumour Research in memory of Ann Kendal. She was my mum's aunt and recently died due to having a brain tumour.

Please help support me by buying a raffle ticket.

Thank you

If you would like to support Shane & Ruby, but cannot attend the show nor donate online, please contact Clifford Kendal.

The Grayrigg Good Neighbours

The Grayrigg Good Neighbours starts again next month.

Sep 10th MOUNTAIN RESCUE TALK

Tony Womack

There will be 10 monthly meetings which will be £12 for anyone who would like to become a member for the 10 months, or £3 per visit for non-members.

St John The Evangelist , Grayrigg Church Cleaning Rota

August 4th Sue Hunter

August 18th Sally and Wendy

The rota will be published in the magazine each month.

Afternoon Tea In the Coronation Hall September 14th



Tea will be served at 3.00 pm.

Ticket price - £15 — prosecco at £2.50 per glass if so desired.

When ordering tickets please state if you have any dietary requirements; there will be Vegetarian and gluten free options available. We cannot guarantee that there will be no traces of nut in the food.

Tickets for reservations available from David Last on
01539 824468 davidlast@dockergarth.co.uk.

Proceeds for the Grayrigg Over 60's funds.

Grayrigg Rainfall



The rainfall in June 2024 was 90 mm or 3.54inches

The rainfall in June 2023 was 74.6mm or 2.94inches

The average June rainfall over the last 32 years is 95.4mm or 3.76 inches.

St George's Church Chatter and Natter

Come and Join us on the last Friday
of every month (except August) in the Radley Room

The next meeting will be September 27th 2024
from 10am to 11.30am

For Tea/coffee, cake and meet up with
friends.

All are welcome For further information ring

Sue Whittaker 07866341554
Look forward to seeing you all!



A weekly email with news and updates on services is available -
please contact jean.radley@outlook.com if you would like to be
added to the list.

Services and news from the Beacon Team, as well as an online copy
of this magazine, can also be found at

<https://www.beaconteam.org.uk/>

Have you visited the Church of England website [https://
www.achurchnearyou.com/](https://www.achurchnearyou.com/)

Each of the churches in the Beacon Team have their own entry and
pages listing services, events and weekly pew sheets and monthly
magazines. Just type in the town/ village you are interested in and
the church or churches there will be listed. Please contact
admin@beaconteam.org.uk if you want more information.



St George's Community Hub

Soup, sandwiches, cake and fruit, tea, coffee
and squash are available
between 11.45am and 1pm on
Thursdays.

There is a listening ear
available for
anyone who would find that helpful.

***DO COME AND JOIN US –
ALL ARE WELCOME***



FREE HOLIDAY CLUB

FOR PRIMARY SCHOOL AGED CHILDREN
AT KENDAL PARISH CHURCH

28-30TH AUGUST 2024 9.30AM-12.30PM

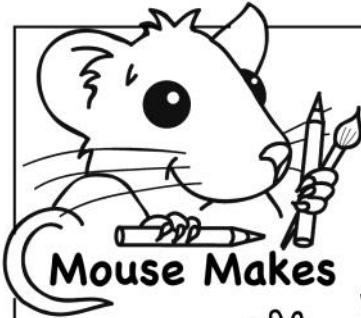
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**HOLY TRINITY
KENDAL PARISH CHURCH**



"AND WHEN YOU PRAY,
PRAY THEN LIKE THIS ..."

Where does Jesus say
to go to pray?
Matthew 6:6



What does God know
before you ask Him?
Matthew 6:8



What can we ask God
to deliver us from?
Matthew 6:13

If you forgive others
what will God do?
Matthew 6:14



"Always be full of **joy**.
Never stop praying.
Whatever happens,
always be **thankful**."
1 Thessalonians 5:16-18

D L O R D S P R A Y E R
L F W R E A R T H K S O
D A I L Y K E D A S K O
E T L V T H Y E L H D M
B H L A M E N L L O O I
T E M P T A T I O N N H
S R A R A V I V W O E E
S K N A M E T E E U V A
I C J Y V N E R D R I R
N O U R N A V B R E A D
S M E W I K I N G D O M
J E S U S U L Y O U R J
N E E D S F O R G I V E



ROOM • PRAY • ASK • NEEDS • HEARD • JESUS
LORDS PRAYER • OUR • FATHER • HALLOWED • HONOURED
NAME • THY • KINGDOM • COME • YOUR • WILL • DONE
EARTH • HEAVEN • DAILY • BREAD • FORGIVE • DEBTS
SINS • TEMPTATION • DELIVER • EVIL • AMEN

Just A Smile

The vicar at a local church experienced some technical problems with the sound system one Sunday.

Instead of starting the service as usual with '*The Lord be with you*', he said: "*There's something wrong with the microphone.*"

Not hearing this, the congregation responded: "*And also with you.*"

Thank you Mary

We would like to say a big thank you to Mary Moorby for editing this magazine over the past two years.

Mary is no longer able to do this on a regular basis and so we are looking for someone willing to step into the gap.

Access to a computer is required, but the work is not too tasking. Training will be given.

Please speak with Revd Michelle or Lynne in the Beacon Team Office for more details.

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