

**PARISH MAGAZINE OF ST. GEORGE, KENDAL
ST JOHN THE EVANGELIST, GRAYRIGG
www.beaconteam.org.uk
AND
SANDYLANDS CORNERSTONE CHURCH
www.sandylandschurch.com**



Pentecost -Acts 2

May 2024

Free - donations welcome

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Letter from Rev Michelle Woodcock,
Priest-in-Charge of the Beacon Team Churches

Dear Friends

It is wonderful to have finally joined you as Priest-in-Charge of the Beacon Team of churches. We began with a bang (well, certainly a bell or two!) on Monday 15th April with a huge celebration at St. John the Evangelist, Grayrigg where I was licensed and installed. It was a great occasion with people turning out from each parish and my family coming up from the Midlands to support me. Thank you to everyone who made it such a special and memorable evening and for your warm welcome.

I am excited to begin working in the team in this new role. It will take time to get to know all of the parishes, but I will be working with the local schools and joining in with as many community events as possible, so hopefully you will see me around if we haven't met yet!

I have two grown up children, James (21) who's currently studying at Sheffield University and Eleanor (17) who is at QKS in the 6th form studying A levels. I love singing, dancing with Crook Morris, paddle-boarding, have been known to run a mile or two (I ran 10 marathons in 10 days for the Brathay Trust in 2021) and enjoy getting out and about with our poodle, Milo.

As I write this letter it is a bright sunny day for once after almost continuous rain for what feels like an eternity! I've noticed the blossom on the trees again and everything starting to thrum with signs of new life and regrowth. This is a new chapter for me and for our parishes as we continue to walk with God through each season. I will be praying daily for our parishes, for all who live and work in them, for God to bless each person and for them to see signs of his presence as they go about their lives.

May you know God's rich blessing on you this day.

Revd Michelle Woodcock



Revd Michelle Woodcock celebrating her Licensing and Installation with a flourish

Readings for May 2024



The Sixth Sunday of Easter

1st Reading Acts 10:44-end

2nd Reading 1 John 5:1– 6

May 5th, 2024

Psalm 98

Gospel John 15:9-17

The Seventh Sunday of Easter

1st Reading Acts 1:15-17,21-end

2nd Reading 1 John 5:9-13

May 12th, 2024

Psalm 1

Gospel John 17:6-19

Pentecost Sunday

1st Reading Acts 2:1-21

2nd Reading Romans 8:22-27

May 19th, 2024

Psalm 104:24 to end

Gospel John 15:26-27;16:4b-15

Trinity Sunday

1st Reading Isaiah 6:1-8

2nd Reading Romans 8:12-17

May 26th, 2024

Psalm 29

Gospel John 3:1-17



St John the Baptist, Skelsmergh:

Sunday 5th May - Holy Communion 11.00am
Sunday 12th May - *joint service at Selside*
Sunday 19th May - Morning Worship 11.00am
Sunday 26th May - *joint service at Burneside*

St John the Evangelist, Grayrigg

Sunday 5th May - Holy Communion 9.30am
Sunday 12th May - Morning Worship 9.30am
Sunday 19th May - Holy Communion 9.30am
Sunday 26th May - Evening Worship 6.00pm

St George, Kendal

Sunday 5th May - Morning Worship 11.00am
Sunday 12th May - Holy Communion 11.00am & APCM
Sunday 19th May - Holy Communion 9.30am
Sunday 26th May - Morning Worship 11.00am

St Oswald, Burneside

Sunday 5th May - Evening Worship 6.00pm
Sunday 12th May - Holy Communion 11.00am
Sunday 19th May - Morning Worship 11.00am & APCM
Sunday 26th May - Holy Communion 11.00am

St Thomas, Selside

Sunday 5th May - Morning Worship 9.30am & APCM
Sunday 12th May - Holy Communion 9.30am



Sunday 19th May - Evening Worship 6.00pm

Sunday 26th May - Morning Worship 11am

St Mary's Longsleddale

Sunday 5th May Abbey Service 10.30am

Sandylands Cornerstone Methodist Church

Sunday 5th May: Morning Worship 10.30am Causeway 3pm

Sunday 12th May: Morning Worship & Baptism 10.30am

Sunday 19th May: All age Worship 10.30am Pentecost Praise 3-5.30pm

Sunday 26th May: Holy Communion 10.30am

Every Tuesday 6.00pm Short Evening Prayer
at St. Oswald's Church, Burneside

Every Wednesday 9.30am: BCP Holy Communion
at St. Oswald's Church, Burneside

Online Worship is available throughout the week via Zoom

Access: : <https://us02web.zoom.us/j/86745535327>

+ 44 203 481 5237 or +44 203 481 5240 or +44 203 901 7895

Meeting ID: 86745535327 Or join by phone on any of the numbers:

Regular weekday Zoom services include :

* **Mondays** 8.30pm : Compline

* **Fridays** 8.30pm : Celtic Evening Prayer

Pentecost Praise

For primary
aged children

SANDYLANDS METHODIST CHURCH

**SUNDAY
19th MAY**

**3pm -
5:30pm**

Join us for CRAFTS, GAMES, FOOD & WORSHIP
as we celebrate the birth of the Church!



Pentecost Praise Sunday 19th May

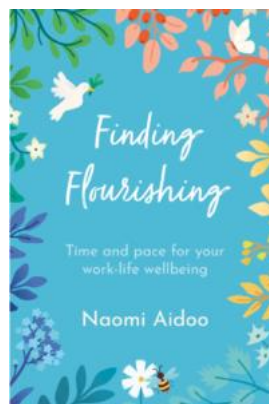
This is an opportunity for people from all the churches in Kendal to meet and worship together, and to pray for our town, It will take place **at 8pm** at the car park on the Helm bottom road (just up from The Station pub.)

Going from Oxenholme Station towards the Station Inn, turn right along the narrow lane immediately before the Inn. Parking is available about 100m along. If this is full continue along and parking is also available on the left later on, although this area is very uneven

BOOK REVIEW

Finding Flourishing: Time and pace for your work-life wellbeing
By Naomi Aidoo, BRF, £9.99

In our fast-paced world, wellbeing should still be an accessible pursuit, even for the busiest among us. Naomi Aidoo presents a practical approach to helping you achieve wellbeing; one that doesn't require adding yet another technique to your busy schedule. Instead, it shows you how to enhance your day-to-day mental, emotional and spiritual well-being.



Aidoo considers how wellbeing might look in our relationships, our work and the rest of our lives, and uses the T.I.M.E. framework to offer manageable steps towards achieving it.

*Books can be ordered through Lynne Magee 01539 720018
admin@beaconteam.org.uk*

Special Dates in May

9th May – Ascension Day

40 days after Easter comes Ascension Day. These are the 40 days during which the Risen Christ appeared again and again to His disciples, following His death and resurrection. (Matthew 28; Mark 16; Luke 24; and John 20.) As Christmas began the story of Jesus' life on earth, so Ascension Day completes it, with His return to His Father in heaven. Jesus' last act on earth was to bless His disciples.

19th May – Day of Pentecost, Whit Sunday

It used to be called Whitsun – 'White Sunday' because long ago children marched to church in white on that day.

Pentecost (coming from the Greek word for 'fiftieth') is celebrated 50 days after Easter; Jesus had promised his followers that, although they would not see him after his Ascension, they would receive the Holy Spirit to guide and inspire them. The Acts of the Apostles describes how the crowds gathered in Jerusalem – representing many nationalities and speaking many languages – were able to hear the disciples preaching in their own language. Pentecost is in effect the birthday of the Church.

24th May – Aldersgate Sunday

The Sunday nearest to 24 May (traditionally known as 'Wesley Day') commemorates a life-changing moment in the Christian journey of John Wesley, the most prominent of the founders of Methodism. In May 1738, John unwillingly attended worship at a Moravian 'Religious Society' meeting on Aldersgate Street in London. It was during this service that he felt his "heart strangely warmed", as he experienced God's love in a most personal and life-giving way. Until then he had known God in his mind, but not in his heart. Now he understood the value of a personal experience of God that would bring assurance of salvation to the believer. His itinerant evangelism took him 250,000 miles on horseback and to preach over 40,000 sermons. His small 'societies' attracted some 120,000 followers by the time of his death.

A few days earlier his brother, Charles had experienced this 'true' conversion, when on Pentecost Sunday, 21st May 1738, he wrote that the Spirit of God 'chased away the darkness of my unbelief.' Charles became the most prolific and skilled hymn-writer in English history, writing hymns that are sung widely today, such as 'Love Divine, All Loves Excelling.' In all, he wrote more than 6,000 hymns.

Our March meeting changed as our speaker was unable to attend, but we enjoyed a time of sharing memories of Easter.

Our Easter Memories included running youth groups, Easter Processions, children decorating eggs, getting new clothes and new shoes or sandals, and Easter handicraft competitions (it was always hard to judge if they had been made at home, but all were given a prize).

The aims & purposes were read out, as well as Easter greetings from our link branches, a thank you card from Elizabeth Allison and the notices. Elizabeth Brassington led our time of prayer using the Blue Book. It was decided not to hold a coffee morning but to have Bring & Buys at our May and October meetings.

Our next meeting is on **Wednesday 29th May** at 2pm when we will be travelling to Grayrigg; ** if anyone would like a lift, please ring me (Mary Atkinson). David Last's talk is entitled 'In search of Buddha' and there will be a Bring & Buy table, so please bring something small if you can. Visitors are welcome to join us.

Best wishes

Mary Atkinson (Branch Leader)

Dates for the Diary

Mon. 24th June – A visit to St Luke's Orrell, Wigan.

Please be at St George's at 10am. Price for the coach is £24 per member – please pay Eileen at the May meeting.

Sandylands Cornerstone Church and Community News

Totters and Bumps and Babies

Totters

A very lively popular and friendly group which attracts between 40-50 toddlers plus adults every Monday 9 - 11am. It runs in term time only. The group is run primarily by a team of 5 volunteers. We provide support for the adults as well as activities for the children. Drinks for adults included in the fee. There are plenty of toys (large and small), sit and ride toys, art and crafts, tuff tray messy activities, play dough, sand and sometimes a bouncy castle etc. We also have a quieter room for adults and children who find the other rooms too noisy and busy. The session ends with a healthy snack and a singing time.



Cornerstone Bumps and Babies (CBBs)

This small and friendly group runs in term time only on a Monday afternoon from 1.30 - 3pm. It is run by 2 volunteers. We have between 6 - 14 babies from birth to 1 year old plus adults attend on a regular basis. We offer friendship, advice and support to the adults. This is a safe place to come and experience the highs and lows of being a new parent. We attract mums, couples, dads and grandparents (particularly when mum returns to work). We have play mats, rugs etc for the tiny babies and good quality, safe and stimulating toys and a ball pool for the babies to play with as they begin to sit up, move and eventually walk. There is opportunity to weigh the babies as well. Included in the low price is a choice of hot and cold drinks and a selection of lovely homemade cakes or biscuits.

Some of our Groups

Causeway

First Sunday of Every Month

3.15pm for Chat and Coffee, Service begins at 4pm

Friendship and praise with our friends in the community with supporting needs, to come together for chat and worship.

Sandylands Friendship Group

There is no meeting this month

Sandylands Seniors

Come and join us for board games from 10am to 12 noon, on May 9th - followed by a cooked lunch, which must be pre-booked (please email mellor.family@tiscali.co.uk).
Donations towards costs accepted .

Sandylands Drop In

Every Wednesday from 10.00 till noon.
Why not join us for coffee cake and chat.
Everybody is made welcome.



GIRLS BRIGADE



1st Kendal Girls Brigade is suitable for all girls and young women, from age 4+ (girls must be at school).

We meet at Sandylands Methodist Church on Mondays from 6pm to 7-30pm (term time only).

Sometimes our very youngest members leave after a drink and biscuit at 7.15pm

Our n'vestigate group is 4-7years olds, n'gauge for 8-10's, n'counta for 11-13yrs old and the 14 plus organise themselves as an n'spire group.

We play games, listen to stories, get creative, and discuss life issues, all with a Christian ethos underpinning it.

Our motto is "Seek, Serve, and Follow Christ" but fun and friendship is important.

We look forward to meeting you. For more information contact Karen at 1stkendalgb@gmail.com or just pop down on a Monday night.



Messy[®] CHURCH

Saturday 11th May

3.30-5.30pm

Sandylands Methodist Church

Food

Celebration

**Fun
activities**

For more details contact :-

cornerstonemessychurch@outlook.com

Free!



**No need
to book**

**Messy Church is part of the Bible Reading Fellowship (BRF),
a Registered Charity. brf.org.uk**

Exhibition of Icons



Painted by local
Iconography

Dr David Wright

18th-27th May 2024

Kendal Parish

Church

Open 9-4pm daily.

**Lecture on
Iconography by
Dr David Wright**

18th May

Refreshments available
from 7pm,

Lecture begins 7.30pm

<https://www.trybooking.com/uk/DJFM>

**Talk on Artistic
Techniques by
Dr David Wright**

22nd May

Refreshments available
from 1.30pm,

Talk begins at 2pm

<https://www.trybooking.com/uk/DJFO>

Exhibition and lectures are free.

Donations towards the work of the church gratefully received.



HOLY TRINITY
KENDAL PARISH CHURCH



Kendal
Anna Chaplaincy in Cumbria

Everyone is welcome to the

KENDAL TEA SERVICE

**BRINGING PEOPLE
TOGETHER**

A short service with a Bible reading,
3 **traditional** hymns and prayers
Followed by Tea and Cake

For more information about the Tea Service or Anna Chaplaincy
in Kendal please contact Beverley Moore 07507 749238 or
bevmoore.annachaplaincy@gmail.com

From The Registers

Baptisms:

21st April – St John's Skelsmergh -
Sophie Eliza LADDS

Funerals:

12th April – St George's Kendal – Harry Wilson Boow



Grayrigg Church and Community News

St John The Evangelist , Grayrigg

Church Cleaning Rota

May 5th Joy Knowles
19th Sally and Wendy

The rota will be published in the magazine each month. If you wish to join the team contact Ann Kendal on 01539 824276

Howgill and Firbank WI

will be holding their May meeting
at 7.30 pm. on Thursday 2nd May at Howgill Village hall.

Isabella Lepri-Simpson, a member of the Eden Valley Artistic Network and of the Northern Potters Association, whose work is wheel-thrown stoneware, will be talking about pottery.

PROPERTY TO LET

MARY ROWLANDSON ALMSHOUSES, GRAYRIGG

No 4 and No 5 The Almshouses are available to rent. Would suit single person or couple. Property offers a lounge, dining-room, kitchen, one bedroom and shower room. Small front garden and parking to rear. Applicant should be over 55 and preferably have some connection with Grayrigg. No pets.

Apply to Charlotte Ward. 1 Joiners Cottage, Tebay, Penrith, Cumbria, CA10 3XG

Tel: 07855 680535 or 015396 24088.

Email: cward.almshouses@gmail.com

Firbank Dominoes

Tuesday 14th May
Tuesday 11th June.
Firbank Church Hall at 7.30pm
BBQ on Friday 24th May at 6.45pm



Upcoming Events

May 25th 2024 – Plant Sale

This will be in the Coronation Hall between 10.0am and 1pm. All types of flowers and plants are available. Coffee, tea, and cakes will also be on sale .



Orders please no later than April 10th to Ann – 01539824276 or Kath on 07736125236 or kath.dickinson@btinternet.com.

All proceeds for St John's Church

September 14th - Afternoon Tea

This will be in the Coronation Hall starting at 3.00 pm. All proceeds for the Over 60s funds. Further details nearer the date.

David Last

"The Annual Variety Concert held on March 9th raised the sum of £550 for Hospice at Home. Thank you to everyone who had any part in helping to raise this sum for such a worthwhile cause".

Grayrigg Rainfall

The rainfall in March 2024 was 159.6 mm or 6.29 inches .

The rainfall in March 2023 was 228.6 mm or 9.0 inches .

The average March rainfall for the last 32 years is 119.5mm or 4.71 inches .



St George's Church Chatter and Natter

Come and Join us on the last Friday
of every month in the Radley Room

May 24th 2024 from 10am to 11.30am

For Tea/coffee, cake and meet up with
friends.

All are welcome For further information ring

Sue Whittaker 07866341554
Look forward to seeing you all!



A weekly email with news and updates on services is available - please contact jean.radley@outlook.com if you would like to be added to the list.

Services and news from the Beacon Team, as well as an online copy of this magazine, can also be found at

<https://www.beaconteam.org.uk/>

Have you visited the Church of England website <https://www.achurchnearyou.com/>

Each of the churches in the Beacon Team have their own entry and pages listing services, events and weekly pew sheets and monthly magazines. Just type in the town/ village you are interested in and the church or churches there will be listed. Please contact admin@beaconteam.org.uk if you want more information.



presents

'Music for These Distracted Times'

Featuring Haydn's Nelson Mass

Saturday 11 May 2024
St Anne's Church, Ings
7.30pm

*An exciting new arrangement
for small orchestra*

HARP: AnnaKate Pearson
PIANO: David Battersby
TIMPANI: Douglas Dawson
OBOE: Julie Blaney
BASSOON: Bridget Starling

*Also music by Jenkins, Tomkins,
Chilcott, Rutter, Carter, and Lauridson*

SOLOISTS

SOPRANO: Nicola Corbishley
CONTRALTO: Linda Walker
TENOR: Ian Jones
BARITONE: Charlie Murray



This concert is supported by a grant made possible by Westmorland Arts Trust through the Cumbria Community Foundation.



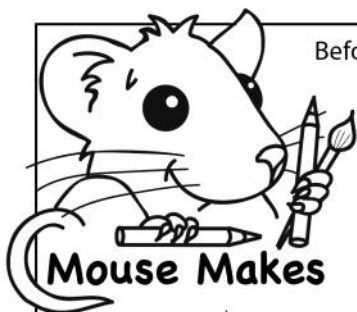
www.staveleychoral.org.uk

TICKETS

Adults: £12 Under 16s: £6

*Available from Staveley Pharmacy,
SCS members, and at the door*

Contact: staveleychoralsociety@gmail.com

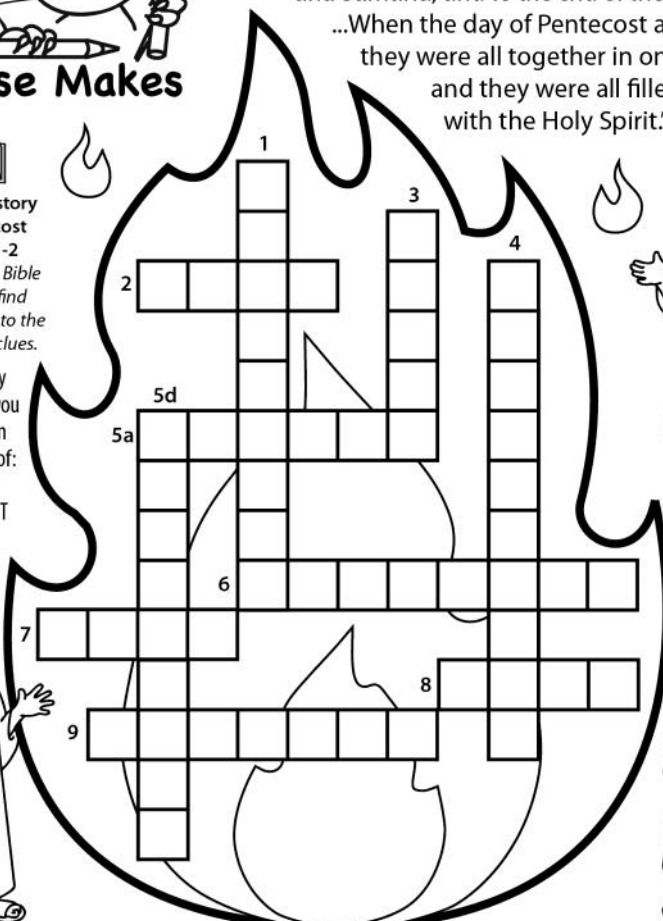


Before Jesus ascended to heaven he told his disciples
 "You will receive power when the Holy Spirit
 has come upon you, and you will be my
 witness in Jerusalem and in all Judea
 and Samaria, and to the end of the earth"...
 ...When the day of Pentecost arrived,
 they were all together in one place,
 and they were all filled
 with the Holy Spirit."



READ the story
 of Pentecost
 in Acts 1-2
 Look up the Bible
 verses to find
 the answers to the
 crossword clues.

How many
 words can you
 make from
 the letters of:
 DAY OF
 PENTECOST



- 1 After Jesus ascended into heaven, which city did the Apostles return to? *Acts 1:12*
- 2 What appeared? Tongues of ...? *Acts 2:3*
- 3 Who spoke to the crowd? *Acts 2:14*
- 4 What were the disciples filled with? *Acts 2:4*
- 5a What did the Apostles devote themselves to? *Acts 1:14*
- 5d Which special day was it? *Acts 2:1*
- 6 Who was chosen to replace Judas? *Acts 1:26*
- 7 Who had prophesied this? *Acts 2:16*
- 8 What rushing sound came from heaven? *Acts 2:2*
- 9 What did they start speaking in? *Acts 2:4*



St George's Community Hub

**Soup, sandwiches, cake and fruit, tea, coffee
and squash are available
between 11.45am and 1pm on
Thursdays.**

**There is a listening ear
available for
anyone who would find that helpful.**

***DO COME AND JOIN US –
ALL ARE WELCOME***

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