

**PARISH MAGAZINE OF ST. GEORGE, KENDAL  
ST JOHN THE EVANGELIST, GRAYRIGG  
[www.beaconteam.org.uk](http://www.beaconteam.org.uk)  
AND  
SANDYLANDS CORNERSTONE CHURCH  
[www.sandylandschurch.com](http://www.sandylandschurch.com)**



**July 2024**

Free - donations welcome

# Beacon Team Mission Community

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**Letter from Rev Michelle Woodcock,**  
**Priest-in-Charge of the Beacon Team Churches**

Dear Friends,

As I write this letter we have had the exciting news that our home in Skelsmergh is almost complete and we will move in on 9th July. I'm excited and overwhelmed in equal measure....there's a reason that vicars usually move house before they begin their job! It's going to be a crazy few weeks of juggling moving and working. Please bear with us!

One of the things that I'm most excited about is that we will be living right next door to one of my churches. As a vicar you are expected to say/pray the daily office, which is a collection of Bible readings and prayers set for each day. It can be said anywhere at any time, although I usually begin my day with it. It is my intention to do this in the church quite regularly, and once I settle into a pattern I'll let you know so that you can join me from time to time if you wish.

I wonder what you think about prayer. Is it something that you do regularly? Is it something that you've heard of but wouldn't know how to begin, or something mysterious and scary?

I heard a story once about a child in a primary school who asked if he could say the opening prayer.

*"Heavenly Father, I thank you for the letter A, I thank you for the letter B, I thank you for the letter C..."* The teacher realized that this could be a very long prayer, but didn't stop him. He went on to give thanks for every letter of the alphabet and then said

*"Father, I thank you for the number 1, and for the number 2, and for the number 3..."* at this point the teacher panicked as she didn't know how high the boy could count. She resisted the urge to stop him, and thankfully when he reached the number 20 he said

*"Finally, Father, I thank you for my teacher, who is the first person to ever let me finish my prayer. Amen"*

It made me laugh, but actually this prayer is perfectly valid. Prayers can be well crafted, well thought out words that have been written down and used for many years, but they can also be the simple cries of our hearts.

*"Lord help me in this moment"* is just as valid as a long, theologically well constructed prayer. Sometimes I think that we make the idea of prayer too complicated and beyond our reach. It's something that every-

one can do at any time and in any place. The Bible teaches us  
*“Don’t worry about anything: instead, pray about everything. Tell God what you need and thank him for all he has done.”* (Philippians 4:6 New Living Translation)

Part of my job, and one of the greatest privileges of it is to pray for the people in my parishes. I do this every day. If you are going through a time when you would appreciate prayer for a specific reason then please let me know. If you pray, please pray for us in these crazy but exciting times too!  
*“Ask and it will be given to you, seek and you will find; knock and the door will be opened to you. For everyone who asks receives, the one who seeks finds and to the one who knocks, the door will be opened.”* (Matthew 7:7-8)

What is your prayer today? May you know God’s peace and hear his answer.

*Best wishes*

*Michelle*

## Readings for July 2024



### **The Sixth Sunday after Trinity**

1st Reading Ezekiel 2:1-5  
2nd Reading 2 Corinthians 12:2-10

**July 7th, 2024**

Psalm 123  
Gospel Mark 6:1-13

### **The Seventh Sunday after Trinity**

1st Reading Amos 7:7-15  
2nd Reading Ephesians 1:3-14

**July 14th, 2024**

Psalm 85:8-end  
Gospel Mark 6:14-29

### **The Eighth Sunday after Trinity**

1st Reading Jeremiah 23:1-6  
2nd Reading Ephesians 2:11-end

**July 21st, 2024**

Psalm 23  
Gospel Mark 6:30-34,53-end

### **The Ninth Sunday after Trinity**

1st Reading 2 Kings 4:42-end  
2nd Reading Ephesians 3:14-end

**July 28th, 2024**

Psalm 145:10-19  
Gospel John 6:1-21

# Worship With Us

## **St John the Baptist, Skelsmergh:.**

Sunday 7th July - Holy Communion 11.00am  
Sunday 14th July - *joint service at Selside*  
Sunday 21st July - Morning Worship 11.00am with Baptism  
Sunday 28th July - *joint service at Burneside*

## **St John the Evangelist, Grayrigg**

Sunday 7th July - Holy Communion 9.30am  
Sunday 14th July - Morning Worship 9.30am  
Sunday 21st July - Holy Communion 9.30am  
Sunday 28th July - Evening Worship 6.30pm

## **St George, Kendal**

Sunday 7th July - Holy Communion 11.00am  
Sunday 14th July - Morning Worship 11.00am with Baptism  
Sunday 21st July - Holy Communion 9.30am  
Sunday 28th July - Morning Worship & Baptism 11.00am

## **St Oswald, Burneside**

Sunday 7th July - Evening Worship 6.00pm  
Sunday 14th July - Morning Worship 11.00am  
Sunday 21st July - Holy Communion 11.00am  
Sunday 28th July - Holy Communion 11.00am

## **St Thomas, Selside**

Sunday 7th July - Morning Worship 9.30am  
Sunday 14th July - Holy Communion 9.30am



Sunday 21st July - Evening Worship 6.00pm

Sunday 28th July - Morning Worship 11am

**St Mary's Longsleddale**

Sunday 7th July Abbey Service 10.30am

**Sandylands Cornerstone Methodist Church**

Sunday 7th July: Morning Worship 10.30am Causeway 3pm

Sunday 14th July: Holy Communion 10.30am

Sunday 21st July: All age Worship 10.30am

Sunday 28th July: Joint service at Stricklandgate 10.30am

\*\*\*\*\*

**Every Tuesday** 6.00pm Short Evening Prayer  
at St. Oswald's Church, Burneside

**Every Wednesday** 9.30am: BCP Holy Communion  
at St. Oswald's Church, Burneside

**Online Worship is available throughout the week via Zoom**

Access: : <https://us02web.zoom.us/j/86745535327>

+ 44 203 481 5237 or +44 203 481 5240 or +44 203 901 7895

**Meeting ID: 86745535327** Or join by phone on any of the numbers:

Regular weekday Zoom services include :

\* **Mondays** 8.30pm : Compline

\* **Fridays** 8.30pm : Celtic Evening Prayer

## **Remembering the faith of Eric Liddell – 100 years ago at the Paris Olympics**

The 2024 Paris Olympics (26 July – 11 August) will soon be here. It was 100 years ago this summer, also at the Paris Olympics, that a young science student at Edinburgh University, Eric Liddell, ran an astonishing race that caught the imagination of millions worldwide.

Liddell had been born in China in 1902, to Scottish missionaries there. Early on, he had made a deep commitment to Jesus Christ, and sensed he was being called to spend his life in serving others. But Liddell was also an outstanding sportsman, playing rugby for Scotland before settling on athletics.

When he was chosen for the Paris Olympics, he expected to run his preferred 100m. But then came the news that the race would be run on a Sunday, and Liddell refused. Quickly, he trained for the 200m and 400m. He took bronze at the 200m, but no one expected much from him at the 400m. Instead, he won, and even broke the world record in the process.

After the Olympics, Liddell felt God calling him to his life's work. He went back to China, to teach in a Christian college. As the Second World War loomed, he sent his wife and children home, but stayed on himself. By 1943 Liddell was confined to a brutal prison camp, where he shone among the fellow prisoners – encouraging them, teaching Bible classes, and praying for both his fellow inmates and the prison wardens. Deeply malnourished, his health failed and in 1945, just months before the war ended, he died, aged only 43. In 1981 his story was made into the Oscar-winning film *Chariots of Fire*.

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### **Conversations Day - Tuesday 16th July 2024**

Exploring the Role of Imagination in Leading Mission

Hosted by the Northern Mission Centre in collaboration with Leeds Diocese and with guest speaker Paul Bradbury

CHURCH HOUSE, 19-24 Friargate, Penrith, CA11 7XR

Doors open 9:30am for a 10am start and the day will finish at 3:30pm.

Lunch and Refreshments will be provided. Tickets £10pp

To book go to [www.trybooking.com/uk/events/landing/60902?](http://www.trybooking.com/uk/events/landing/60902?)



Our May meeting was held in the Coronation Hall, Grayrigg, and a huge thank you goes to Helen for arranging everything. We welcomed our speaker, David Last, and his wife Pauline, as well as members and friends. During the meeting we wished Elizabeth Brassington a very happy birthday. Thank you to our members & friends for supporting the Bring & Buy table.

David is an avid traveller and his talk (with slides) entitled “In search of lord Buddha” was about his visit to Bhutan. There was also a display of various flags and objects that he had brought back from his many trips.

David gave some background to Buddhism, the religion of the country. Siddhartha Gautama, referred to as the Buddha was born in what is now Nepal, to royal parents but renounced his home life to live as a wandering ascetic and religious teacher and founded Buddhism.

He also spoke about the Dalai Lama, the highest spiritual leader and head of Tibetan Buddhism; the current or 14th Dalai Lama was born in 1935 in Tibet but was forced into exile when he was 24 years old, and now lives in India; it is forbidden to take any photographs in his presence.

David was wearing a silk scarf that he had been given and described Bhutan as a very clean place; there is cost to visiting the country, a daily minimum charge which includes a Sustainable Development Fee. He explained how a King’s fund provides health and education, and that all lessons are in English (the official classroom language).

This is only a small part of David’s informative and interesting talk. Many thanks, David and Pauline.

Dates for the summer:

*Wed. 10th July* – 2pm Cream Tea & nearly-new at Staveley Village Hall.

*Fri. 9th August* - 2pm Mary Sumner Day service at St Thomas’ Milnthorpe.

*Wed. 25th Sept* – Our meetings resume at St George’s Church with a talk by Jonathan Bielby, entitled “Things to Come”.

Please come along and join us – all are welcome.

*Mary Atkinson* (Branch Leader)

# Sandylands Cornerstone Church and Community News

## Totters and Bumps and Babies

### Totters

A very lively popular and friendly group which attracts between 40-50 toddlers plus adults every Monday 9 - 11am. It runs in term time only. The group is run primarily by a team of 5 volunteers. We provide support for the adults as well as activities for the children. Drinks for adults included in the fee. There are plenty of toys (large and small), sit and ride toys, art and crafts, tuff tray messy activities, play dough, sand and sometimes a bouncy castle etc. We also have a quieter room for adults and children who find the other rooms too noisy and busy. The session ends with a healthy snack and a singing time.



### Cornerstone Bumps and Babies (CBBs)

This small and friendly group runs in term time only on a Monday afternoon from 1.30 - 3pm. It is run by 2 volunteers. We have between 6 - 14 babies from birth to 1 year old plus adults attend on a regular basis. We offer friendship, advice and support to the adults. This is a safe place to come and experience the highs and lows of being a new parent. We attract mums, couples, dads and grandparents (particularly when mum returns to work). We have play mats, rugs etc for the tiny babies and good quality, safe and stimulating toys and a ball pool for the babies to play with as they begin to sit up, move and eventually walk. There is opportunity to weigh the babies as well. Included in the low price is a choice of hot and cold drinks and a selection of lovely homemade cakes or biscuits.

## Some of our Groups

### **Causeway**    First Sunday of Every Month

3.15pm for Chat and Coffee, Service begins at 4pm

Friendship and praise with our friends in the community with supporting needs, to come together for chat and worship.

### **Sandylands Friendship Group**

Last month's  
Afternoon  
Tea.

The group  
will resume  
after the  
summer.



### **Sandylands Seniors**

The lunch in July has been cancelled due to the General Election. We will resume meeting together in September.

### **Sandylands Drop In**

Every Wednesday from 10.00 till noon.  
Why not join us for coffee cake and chat?  
Everybody is made welcome.



GIRLS BRIGADE



1st Kendal Girls Brigade is suitable for all girls and young women, from age 4+ (girls must be at school).

We meet at Sandylands Methodist Church on Mondays from 6pm to 7-30pm (term time only).

Sometimes our very youngest members leave after a drink and biscuit at 7.15pm

Our n'vestigate group is 4-7years olds, n'gauge for 8-10's, n'counta for 11-13yrs old and the 14 plus organise themselves as an n'spire group.

We play games, listen to stories, get creative, and discuss life issues, all with a Christian ethos underpinning it.

Our motto is "Seek, Serve, and Follow Christ" but fun and friendship is important.

We look forward to meeting you. For more information contact Karen at [1stkendalgb@gmail.com](mailto:1stkendalgb@gmail.com) or just pop down on a Monday night.



# Messy CHURCH

**Saturday 12th July**

**3.30-5.30pm**

**Sandylands Methodist Church**

**Food**

**Celebration**

**Fun  
activities**

For more details contact :-

[cornerstonemessychurch@outlook.com](mailto:cornerstonemessychurch@outlook.com)

**Free!**



**No need  
to book**

Messy Church is part of the Bible Reading Fellowship (BRF),  
a Registered Charity. [brf.org.uk](http://brf.org.uk)



Kendal  
Anna Chaplaincy in Cumbria

Everyone is welcome to the  
**KENDAL TEA SERVICE**  
**BRINGING PEOPLE**  
**TOGETHER**

A short service with a Bible reading,  
3 traditional hymns and prayers  
Followed by Tea and Cake

Thursday 18th July, 2.30 pm at Kendal Parish Church  
For more information about the Tea Service or Anna Chaplaincy  
in Kendal please contact Beverley Moore 07507 749238 or  
bevmoore.annachaplaincy@gmail.com

## From The Registers

### Baptisms:

23rd June

– St George's Kendal – Ava-Rose Holmes

### Funerals:

3rd June – St George's Kendal – David Hales

7th June – St George's Kendal – Cyril Jenkinson

27th June - St John's Grayrigg - Ann Kendal

### Weddings:

29th June - St Thomas Selside - Benjamin Charles Rodriguez  
& Jessica Elizabeth Cragg





# Grayrigg Church and Community News

## St John The Evangelist , Grayrigg Church Cleaning Rota

July 7th Mary Kendal

July 21st Sally and Wendy

The rota will be published in the magazine each month.

## Howgill and Firbank WI

will be holding their July meeting  
at 7.30 pm. on Thursday 4th at Howgill Village Hall.

It will be a members night and the competition will be for a small  
bunch of flowers. .

## The Grayrigg Good Neighbours

The Grayrigg Good Neighbours will be starting again in early  
September

Sep 10th MOUNTAIN RESCUE TALK

Tony Womack

Oct 8th THE FRIENDS OF AMASANGO UK

Martin Coombs

Nov.12th CRAFT NIGHT – PEN & WASH CHRISTMAS

Margaret Jarvis

There will be 10 monthly meetings which will be £12 for anyone  
who would like to become a member for the 10 months, or £3 per  
visit for non-members.

## Firbank Dominoes

Tuesday 9th July 7.30pm in the Church Hall



## Upcoming Events

### September 14th - Afternoon Tea



This will be in the Coronation Hall, Grayrigg, starting at 3.00 pm. All proceeds for the Over 60s funds. Further details nearer the date, but please make a note in your diary!

The Plant Sale held on May 25th raised the sum of £1,580 for church funds, and our thanks are due to all those who attended and bought plants and hanging baskets, and also to those who helped on the day to make it such a success.

**David Last**

## Grayrigg Rainfall



The rainfall in May 2024 was 98.8mm or 3.89 inches

The rainfall in May 2023 was 32.4 mm or 1.28 inches

The average May rainfall over the last 32 years is 86.7mm or 3.41 inches.



## St George's Church Chatter and Natter

Come and Join us on the last Friday  
of every month in the Radley Room

July 26th 2024 from 10am to 11.30am

For Tea/coffee, cake and meet up with  
friends.

All are welcome For further information ring

Sue Whittaker 07866341554  
Look forward to seeing you all!



A weekly email with news and updates on services is available -  
please contact [jean.radley@outlook.com](mailto:jean.radley@outlook.com) if you would like to be  
added to the list.

Services and news from the Beacon Team, as well as an online copy  
of this magazine, can also be found at

<https://www.beaconteam.org.uk/>

Have you visited the Church of England website [https://  
www.achurchnearyou.com/](https://www.achurchnearyou.com/)

Each of the churches in the Beacon Team have their own entry and  
pages listing services, events and weekly pew sheets and monthly  
magazines. Just type in the town/ village you are interested in and  
the church or churches there will be listed. Please contact  
[admin@beaconteam.org.uk](mailto:admin@beaconteam.org.uk) if you want more information.



## St George's Community Hub

Soup, sandwiches, cake and fruit, tea, coffee  
and squash are available  
between 11.45am and 1pm on  
Thursdays.

There is a listening ear  
available for  
anyone who would find that helpful.

**DO COME AND JOIN US –  
ALL ARE WELCOME**



AMABILE CHOIRS PRESENT

# The World Around Us

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NISCU South Lakes Annual celebration evening 2024.

Come and celebrate with us the good work done in schools across the South Lakes area.

Parr Street Church, Kendal. LA9 7DH.

**Tuesday 9th July 7.30pm.**

For more information email [Katy.hall@niscu.org.uk](mailto:Katy.hall@niscu.org.uk)

### **Mayor's Sunday**

All churches are invited to this on Sunday **14th July**. Beginning at 10.15am at the Town Hall and marching to KPC for a 10.45am service

## **Kendal Wills Ltd.**

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[enquiries@kendalwills.co.uk](mailto:enquiries@kendalwills.co.uk)  
[www.kendalwills.co.uk](http://www.kendalwills.co.uk)

Compliant with the Institute of Professional Willwriters Code of Practice.

## **Thank you Mary**

We would like to say a big thank you to Mary Moorby for editing this magazine over the past two years.

Mary is no longer able to do this on a regular basis and so we are looking for someone willing to step into the gap.

Access to a computer is required, but the work is not too tasking. Training will be given.

Please speak with Revd Michelle or Lynne in the Beacon Team Office for more details.



**Fellas Singers Are Excited To Invite You To...  
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Join us on Friday 12th July  
For A New Selection Of Songs,  
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