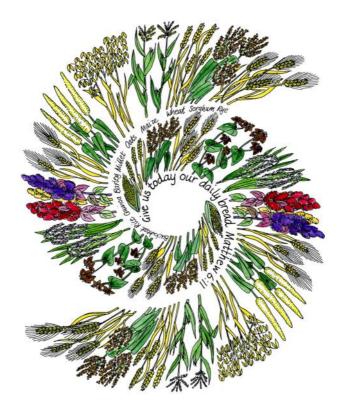
PARISH MAGAZINE OF ST. GEORGE, KENDAL ST JOHN THE EVANGELIST, GRAYRIGG www.beaconteam.org.uk AND SANDYLANDS CORNERSTONE CHURCH www.sandylandschurch.com





September 2024

Free - donations welcome

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Sandylands Seniors	Jenny Mellor	sandylandschurchbooking@gmail.com	

Letter from Rev Jean Radley

Associate Priest in the Beacon Team Churches

Dear Friends,

New beginnings

For children and young people in full-time education September is a time of new beginnings. Some will be starting school for the first time, others moving to new classes or new schools. As I'm writing this in August numbers of young people are anxiously awaiting examination results which for many will determine their future - and some of these will be preparing to leave home for the first time, hopefully to the university of their choice. Please pray for them. It's such an anxious time for them all - and especially anxious for their parents who long to see their children settled and happy.

Children are valuable to God

In the Scriptures we read, "People brought little children to Jesus for him to place his hands on them and pray for them. But the disciples rebuked them. Jesus said, 'Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these.' (Matthew 19:13-14)". Jesus' action shows the importance of children to God. In many cultures around the world, children are often abused, exploited or disregarded. God is committed to caring and protecting them and calls us to do the same. Sadly there are some children even in the parishes of the Beacon Team - for whom school is the only safe place they know and who will have found a six week holiday hard to cope with.

Do please pray for the schools in our Beacon Team parishes and for the teachers and teaching assistants. We are so grateful to them.

The Persecuted Church

Let us never take for granted our freedom of worship. In some countries those who follow Jesus do so at the risk of losing their liberty - or even their lives. Aneeta has told me some horrifying stories of the persecution her family in Pakistan are facing. Recently Amar's niece was badly beaten, and their church attacked. Please pray for them.

And finally

We're delighted that Revd Michelle, Eleanor and James are now settling into their new home at Skelsmergh. We continue to pray for them all.

With love and prayers

Jean

Readings for September 2024 The Fourteenth Sunday after Trinity September 1st 1st Reading Deuteronomy 4:1-2,6-9 Psalm 15 Gospel Mark 7:1-8,14-15,21-23 2nd Reading James 1:17 to end The Fifteenth Sunday after Trinity September 8th, 2024 1st Reading Isaiah 35:4-7a Psalm 146 2nd Reading James 2:1-17 Gospel Mark 7:24 to end The Sixteenth Sunday after Trinity September 15th, 2024 1st Reading Isaiah 50:4-9a Psalm 116:1-8 2nd Reading James 3:1-12 Gospel Mark 8:27 to end The Seventeenth Sunday after Trinity September 22nd, 2024 1st Reading Jeremiah 11:18-20 Psalm 54 2nd Reading James 3:13 –4:3,7-8a Gospel Mark 9:30-37 **Michael and All Angels** September 29th, 2024 1st Reading Genesis 28:10-17 Psalm 103:19 to end 2nd Reading Revelation 12:7-12 Gospel John 1:47 to end



St John the Baptist, Skelsmergh:.

Sunday 1st September - Morning Worship 11.00am Sunday 8th September - *joint service at Selside* Sunday 15th September - Holy Communion 11.00am Sunday 22nd September - *joint service at Burneside*

St John the Evangelist, Grayrigg

Sunday 1st September - Holy Communion 9.30am Sunday 8th September - Morning Worship 9.30am with Baptism Sunday 15th September - Holy Communion 9.30am Sunday 22nd September - Evening Worship 6.30pm Sunday 29th September **11am** Joint Team Service

St George, Kendal

Sunday 1st September - Holy Communion 11.00am Sunday 8th September - Morning Worship 11.00am Sunday 15th September - Holy Communion 9.30am Sunday 22nd September - Morning Worship 11.00am

St Oswald, Burneside

Sunday 1st September - Evening Worship 6.00pm Sunday 8th September - Holy Communion 11.00am Sunday 15th September - Harvest Celebration 11.00am Sunday 22nd September - Holy Communion 11.00am

St Thomas, Selside

Sunday 1st September - Morning Worship 9.30am



Sunday 8th September - Holy Communion 9.30am Sunday 15th September - Evening Worship 6.00pm Sunday 22nd September - Morning Worship 11am

St Mary's Longsleddale

Sunday 1st September Abbey Service 10.30am Sunday 22nd September - Harvest Celebration 6.30pm

Sandylands Cornerstone Methodist Church

Sunday 1st September: Holy Communion 10.30am Causeway 3pm Sunday 8th September: Morning Worship 10.30am Sunday 15th September: All-Age Worship 10.30am Sunday 22nd September: Morning Worship 10.30am Sunday 29th September: Harvest Festival 10.30am

Every Tuesday 6.00pm Short Evening Prayer at St. Oswald's Church, Burneside

Every Wednesday 9.30am: BCP Holy Communion at St. Oswald's Church, Burneside

Online Worship is available throughout the week via Zoom Access: : <u>https://us02web.zoom.us/j/86745535327</u> + 44 203 481 5237 or +44 203 481 5240 or +44 203 901 7895

Meeting ID: 86745535327 Or join by phone on any of the numbers: Regular weekday Zoom services include :

- * Mondays 8.30pm : Compline
- * **Fridays** 8.30pm : Celtic Evening Prayer

NEWS FROM RUTH RADLEY

Back in January I started work for our local Hospice, Mary Stevens in Stourbridge, near Dudley. I have been bowled over at the welcome I received and how important Spiritual Care is seen to our patients and families.

I am the only employed member of the Spiritual Care team but have a few volunteers working with me. I must say I miss having a wider team doing the same job, though I am part of the PAFS team - Patient and family Support which comprises of Bereavement, Social Work, Spiritual care and volunteers which is great, but I do miss having people who really get the job, and I REALLY miss being part of a multi faith team. Interestingly, the bereavement team are launching work with children and young people – and really want me to work with them to share my experience of working with children and young people in this area, I am looking forward to doing that. We recently held a new bereavement event which we very much advertised for all ages; we called it 'a picnic to remember' and over a picnic we had activities with prompt cards to help people talk about the person they were remembering, and I led a time at our 'tree of light' in the grounds, where we used bubbles to help us remember. We got some really good comment and are looking forward to developing this further.

We are a 10 bedded unit, although we have many more patients through our daycare unit. I try to ensure that I get to see every patient and their families to support them during their stay with us. Most people are very open to the support offered. I have been privileged to take two funerals as well in this time, both very well received and something I have felt very honoured to do.

Our day care unit offers an 8-week programme to anyone with Neurological problems or those who suffer from Fatigue, anxiety, or breathing difficulties due to their diagnoses. One of those sessions is on Spiritual care, and I tend to have about an hour enjoying getting to know our new patients and explaining what it is and why we must look after our Spiritual health. We also run something called 'Monday Musings' where we 'muse' on different helpful topics using different methods. We have looked at laughter, distress, what warms our soul and the Olympics. In August we hope to have an outside event on the patio where those in our inpatient unit can also come to join in easily and have a more festival themed event with live folk music, crafts, and musings in between on different quotes about music.

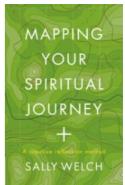
I hope that this short snapshot gives you a little taste of where I am working now and what I am doing. It really is a good place to work, and I am looking forward to seeing how the work develops even more. Thank you for your ongoing support and encouragement for me, it means a lot. *Ruth Radley*

BOOK REVIEW

Mapping Your Spiritual Journey – A companion and guide By Sally Welch, Canterbury Press, £14.99

Mapping your spiritual journey is a technique used in spiritual direction, on retreats and pastoral work, as a way of recognising and interpreting God's presence in the highs and lows of your life experiences.

This book offers creative ways to explore your own spiritual journey, helping you to trace your relationship with God from the beginning, whether looking at your entire life or exploring significant moments.



It can be done in multiple creative ways – drawing, collages, timelines, maps, collections of objects or photographs, modelling, journaling, making a garden and more.

It offers suggestions for ways to reflect on your journey by looking at parallels in the narratives of the Bible and in everyday life and to learn from these how to deepen your understanding of God's presence and actions in your life. This equips you to look forward and plan your future journey with God with confidence.

Books can be ordered through Lynne Magee 01539 720018 admin@beaconteam.org.uk



There was no local meeting in August, but four members attended the *Mary Sumner Day* Service at St Thomas' Church Milnthorpe on Friday 9th August. The service, which was well-attended, was led by our Deanery leader, Ann Wodeman.

During the service four members, dressed in costume, told the stories of our Wave of Prayer partners, lighting a candle and placing markers on the world map.

"Thanks for the work and successes of the literacy programme in Boga, in the Democratic Republic of Congo"

"Thinking of all the branches in Ogoni, Nigeria, we give thanks for their focus on gender-based violence and raising awareness in Hassana's community".

"Branches in and around Melbourne and Geelong in Australia, for their work to support their neighbours in the Solomon Islands". "Thinking of Dadiso and fellow members in Manicaland, Zimbabwe; keep her and her family safe and encourage them in their work to retrain parents in the upbringing of their children.

Helen, from Carlisle Diocese, spoke about how we know the presence and peace of God in our homes, and as we reach out our hands in love to serve families in our communities and far beyond. There were prayers and hymns (our own Christine Hill being the organist), followed by a time of fellowship with delicious cakes!

As you are reading this, you may be wondering who Mary Sumner was and why a service.

Mary Sumner (31st Dec. 1828 - 9th August 1921) was the founder of the Mothers' Union, a worldwide (Anglican) women's organisation. She married George Sumner in 1848, some 18 months after his ordination as priest. Later in 1876, when her eldest daughter gave birth, Mary was reminded of how difficult she had found motherhood. She was inspired to call a meeting of mothers in the parish to offer mutual support. Radical in its day, she called women of all social classes to support one another, and to see motherhood as a profession.

In 1885, following a meeting, a number of women went back to their own parishes to found mothers' meetings; the then Bishop of Winchester made the Mothers Union a diocesan organisation, rapidly spreading throughout the UK. Amazing to think that today there are 4 million members around the world.

Today the MU welcomes all who agree with its aims and purposes, promoting marriage and family life, a worldwide fellowship of Christians united in prayer, worship and service, encouraging parents to develop the faith of their children, promoting conditions in society favourable to a stable family life and protection of children, helping those whose family life has met with adversity.

Please come and join us, all are welcome.

Wed. 25th Sept – Our meetings resume in the Radley Room, St George's Church with a talk by Jonathan Bielby, entitled "Things to Come".

Mary Atkinson (Branch Leader)

Special service to celebrate 30th anniversary of the ordination of women Priests

A special service will be held at Carlisle Cathedral on Saturday **21 September** at 2pm to mark the 30th anniversary of the first ordination of women Priests.

Rev Canon Angela Whittaker, Bishop's Adviser for Women's Ministry in the Diocese of Carlisle, will preside at a Eucharist in celebration of this; she will be supported on the day by the Rev Ruth Newton, the new Archdeacon of Carlisle, who will preach at the service.

The service is open to everyone. It will include a reaffirmation of vows as well as an interview with one of the first women to be ordained to the Priesthood in the Diocese. *Tickets are free but must be reserved in advance.*

www.trybooking.com/uk/events/landing/65512

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Sandylands Cornerstone Church and Community News

Totters and Bumps and Babies

Totters

A very lively popular and friendly group which attracts between 40-50 toddlers plus adults every Monday 9 - 11am. It runs in *term time* only. The group is run primarily by a team of 5 volunteers. We provide support for the adults as well as activities for the children. Drinks for adults included in the fee. There are plenty of toys (large

and small), sit and ride toys, art and crafts, tuff tray messy activities, play dough, sand and sometimes a bouncy castle etc. We also have a quieter room for adults and children who find the other rooms too noisy and busy. The session ends with a healthy snack and a singing time.

This restarts Monday 9th September.



Cornerstone Bumps and Babies (CBBs)

This small and friendly group runs in *term time only* on a Monday afternoon from 1.30 - 3pm. It is run by 2 volunteers. We have between 6 - 14 babies from birth to 1 year old plus adults attend on a regular basis. We offer friendship, advice and support to the adults. This is a safe place to come and experience the highs and lows of being a new parent. We attract mums, couples, dads and grandparents (particularly when mum returns to work). We have play mats, rugs etc for the tiny babies and good quality, safe and stimulating toys and a ball pool for the babies to play with as they begin to sit up, move and eventually walk. There is opportunity to weigh the babies as well. Included in the low price is a choice of hot and cold drinks and a selection of lovely homemade cakes or biscuits. This restarts Monday 9th September.

Some of our Groups

Causeway First Sunday of Every Month

3.15pm for Chat and Coffee, Service begins at 4pm

Friendship and praise with our friends in the community with supporting needs, to come together for chat and worship.

Sandylands Friendship Group

This meets at **2pm** on alternate Thursdays (except main holiday periods). There are speakers on a wide variety of subjects, followed by refreshments. £2 per meeting for all attendees.

19th September meet for tea and cake and catch up 26th September speaker from Springfield women's refuge

Sandylands Seniors

We meet twice a month from **10am** – noon on a Thursday morning in the church hall. We have a coffee morning with drinks and cake games such as Scrabble, Dominoes, Uno etc are available, or just come and chat. Every other meeting is followed at noon with a cooked lunch.

Thursday 5th September with lunch — this must be pre-booked (please email mellor.family@tiscali.co.uk to book). Donations towards costs welcomed.

Thursday 19th September with coffee and cake .

Sandylands Drop In

Every Wednesday from **10am** till noon. Why not join us for coffee cake and chat? Everybody is made welcome.



1st Kendal Girls Brigade

Sandylands Methodist Church

Mondays from 6pm to 7.30pm (term time only).



We welcome all girls and young women, from age 4+ years (girls must be at school). We play games, listen to stories, get creative, and discuss life issues, all with a Christian ethos underpinning it. Our motto is "Seek, Serve, and Follow Christ" but fun and friendship is important.

There are 4 age groups: n'vestigate for 4-7's n'counta for 11-13yrs old

n'gauge for 8-10's, n'spire organised by the 14+ themselves

For more information contact Karen at 1stkendalgb@gmail.com or just pop down on a Monday night.

Meetings resume Monday 9th September.

John 17 Prayer	
This is a new monthly all-church prayer gathering. specifically to	
pray that people in Kendal come to know Jesus.	
Next Meeting: Monday September 23rd 7:00 pm The Shakespeare Centre, Yard 76, Highgate, Kendal	
The Shakespeare Centre Vard 76 Highgate Kendal	
The Shakespeare Centre, Taru 70, Highgate, Kendar	





Tickets £10 from trybooking.com Ladies Refresh Day

Join us for a wonderful day full of teaching, prayer, worship and networking.

Modern contemporary sung worship. Unlimited coffee and tea. A great opportunity to come and set down all the 'stuff' and be refreshed by the one who created You. We will have trained prayer ministers on hand to pray with you and some wonderful teaching by Rev Nicky Smith.

Tickets £10 from trybooking.com Ladies Refresh Day or cheques payable to Appleby Deanery Synod (please reference REFRESH) and send to Mrs Rachel Milburn, Leather Howe, North Stainmore, Kirkby Stephen, Cumbria, CA17 4DY. Pay by Bacs - to Appleby Deanery Synod. HSBC Bank. Account number 01147943. Sort Code - 40-26-18

Beacon Choir

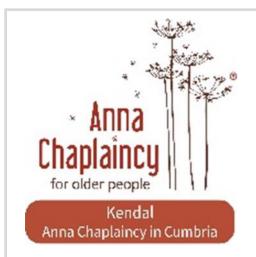
If you enjoy singing, then there will always be a warm welcome from the Beacon Choir who sing for us at the 5th Sunday Services. For more details contact Liz Bingham Tel. 01539 726550

Have you thought about joining the Lakes Gospel Choir?

We rehearse on Monday nights 7.30-9pm at Lakes Christian Centre, The Mission, Park Road, Windermere LA23 2BG There will be an Open Evening on 16th Sept. Come along, listen and have a chat. Or speak with Heather/

Ian Wilson, Lois Sparling, Julie Armistead.





Everyone is welcome to the

KENDAL TEA SERVICE

BRINGING PEOPLE

TOGETHER

A short service with a Bible reading, 3 traditional hymns and prayers Followed by Tea and Cake

Thursday 19th September 2.30 pm at Kendal Parish Church For more information about the Tea Service or Anna Chaplaincy in Kendal please contact Beverley Moore 07507 749238 or bevmoore.annachaplaincy@gmail.com

What: Bringing the Bible Alive! Where: Appleby Methodist Church When: Saturday 28 September, 10.30am to 4pm

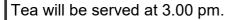
You're encouraged to book this study day to be run by Engaging Theology Cumbria.

The keynote speaker is Dr Karl Moeller, with further sessions on *The Bible Alive and the Environment* (Ruth Newton), *The Bible Alive and Well Being* (Nicky Smith) and *The Bible Alive: What makes a Good Sermon?* (Mark Chater).

The event is free though £10 donations are suggested. People should bring their own lunch. Booking link: www.trybooking.com/uk/events/landing/65813

Grayrigg Church and Community News

Afternoon Tea In the Coronation Hall September 14th



Ticket price - £15 — prosecco at £2.50 per glass if so desired.

When ordering tickets please state if you have any dietary requirements; there will be Vegetarian and gluten free options available. We cannot guarantee that there will be no traces of nut in the food.

Tickets for reservations available from David Last on 01539 824468 <u>davidlast@dockergarth.co.uk</u>.

Proceeds for the Grayrigg Over 60's funds.

The Grayrigg Good Neighbours

The Grayrigg Good Neighbours starts again this month.

Sep 10th MOUNTAIN RESCUE TALK Oct 8th THE FRIENDS OF AMASANGO UK Tony Womack Martin Coombs

There will be 10 monthly meetings which will be \pounds 12 for anyone who would like to become a member for the 10 months, or \pounds 3 per visit for non-members.

8	~	
	Dates for your diary	•
	October 26th - Soupa Saturday	•
	November 30th - Christmas Fayre	
	Both will be raising money for St John's church funds.	
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	Sunday 29th September— Joint Team Service	↓
•	On the fifth Sunday in a month, we come together for wor- ship as a team. This month we will be gathering together at the Church of St John the Evangelist in Grayrigg . The service starts at 11am	****
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Just A Smile

A small boy asked his mother for a cucumber to take to Junior Church. A slightly puzzled mother complied. Later she asked what it had been used for. "Sorry, mum," he confessed. "I got it wrong. We were supposed to bring a newcomer."

From The Registers

Baptisms: 4th August – St George's Kendal – Mylah Raine Christine Sowerby 11th August – St Oswald's Burneside – Beatrix Eliza Berry & Ottilie Rose Berry 11th August – St John's Skelsmergh – Amelie Evans

Funerals:

14th August – St Oswald's Burneside – John Edward Ireland

St George's Church Chatter and Natter

Come and Join us on the last Friday of every month in the Radley Room

September 27th 2024 from 10am to 11.30am

For Tea/coffee, cake and meet up with friends.

All are welcome For further information ring Sue Whittaker 07866341554 Looking forward to seeing you all!



A weekly email with news and updates on services is available - please contact <u>jean.radley@outlook.com</u> if you would like to be added to the list.

Services and news from the Beacon Team, as well as an online copy of this magazine, can also be found at *www.beaconteam.org.uk*

.Open the Book Goes from Strength to Strength

All three Church schools in the Beacon Team - Selside, Burneside and Grayrigg receive Open the Book, also Vicarage Park School; and from September we have been invited into Natland school This September we are proud to enter our 11th year, sharing Bible stories with children by means of drama, music and prayer

Volunteers for September will be most welcome just an hour each week. It's very rewarding. and appreciated by the schools. Please contact deniclarke@yahoo.co.uk for further details.





St George's Community Hub

Soup, sandwiches, cake and fruit, tea, coffee and squash are available between 11.45am and 1pm on Thursdays. There is a listening ear available for anyone who would find that helpful.

DO COME AND JOIN US – ALL ARE WELCOME

What is a Hassock? Could you rehome one?

From the Old English hassuc "clump of grass, coarse grass," the sense of "thick cushion" is first recorded 1510's, with the likely connection being the perceived similarity of a kneeling cushion and a tuft of grass.

St George's Church has more kneelers or hassocks than it needs and is offering some of them in exchange for a small donation.

Please contact a churchwarden or the Team office to choose your design







Afternoon Coffee & Cakes Sun. 8th September 2-4pm

A chance to relax on a Sunday afternoon with a cup of tea or coffee and a tempting array of cakes and scones.

Join friends from St John's in **Skelsmergh Community Hall**, Helme Lane, Skelsmergh LA9 6NU

Price $\pounds 5 - proceeds$ to SJtB church funds





You are invited to join us for a Thanksgiving Service At Parr Street Church

Saturday September 21st 11.00hr

After 47years serving Kendal's local churches and Community with Christian literature the 'season' of Market Place Books has come to a close.



We can testify to the faithfulness of God over ALL those years. There are miracles to recount, people to remember and much thanks to be given.

Join us to celebrate and give thanks for those 47 years and for what we hope to see God do in our town in the future



There will, of course, be coffee and cake!!

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Prepayment Funeral Plans Arranged

Golden Charter